

## Service Description: Two-Day Functional Capacity Evaluation

### Functional Capacity Evaluation:

A Functional Capacity Evaluation (FCE) is an objective assessment of an individual's ability to perform work and their physical tolerances for a variety of work activities. The FCE measures whole body function including components such as range of motion, strength, sensation, hand coordination, balance, cardiovascular fitness, lifting, carrying, pushing, sitting, standing, walking, climbing, kneeling, squatting, reaching and bending.

### The Two-Day FCE includes:

- ✓ Two full days of clinical assessment
- ✓ Musculoskeletal assessment with a Physiotherapist (completed at multiple intervals during the evaluation)
- ✓ Functional and work capacity testing with an Occupational Therapist
- ✓ Work simulation testing either in the clinic or at the job site
- ✓ Work tolerance testing over consecutive days of work activity
- ✓ Objective and standardized test procedures to ensure reliability and safety
- ✓ Measures of test validity and a systemized approach to determine if whether maximal and consistent effort was obtained
- ✓ A comprehensive report outlining abilities and limitations, overall work capacity, specific work tolerances, answers to the referral question(s), and recommendations

### Two-Day FCE Fee: \$2500

### When to consider the Two-Day FCE:

- You would like a detailed review of whole body function, work capacity, work tolerances over consecutive days, and work-readiness behaviours
- You would like to determine an individual's ability to perform critical demands of a specific occupation, especially if there is no opportunity for a graded work program or if a job is no longer available
- You require data to assist with vocational planning and require broad information regarding potential work capacity in a variety of occupational classifications



### **FCE's at Work-Able Solutions:**

- We utilize a multidisciplinary approach (occupational therapy and physiotherapy), which increases the range of specialized assessment skills applied during the FCE
- Our therapists have over 15 years of experience, have specialized training and certification in functional capacity evaluation procedures, and are able to effectively manage complex rehabilitation cases
- Our report is organized in an easy to read format with critical information presented clearly and concisely
- FCE's are conducted at ***Riverbend Physiotherapy and Sports Injury Centre***

### **To Make a Referral:**

Contact Work-Able Solutions by phone, fax, or email, or download our referral form available at [www.workablesolutions.ca](http://www.workablesolutions.ca)

The following information is required:

- ✓ Referral form or letter explicitly stating the purpose of the FCE
- ✓ Medical reports detailing the diagnosis and medical/rehabilitation treatment history
- ✓ Job description and physical demands analysis
- ✓ A medical release to participate in testing may be required in certain circumstances

### **Please Note: contraindications for an FCE include one or more of the following:**

- Unstable medical condition or recent surgery
- Substantial psychiatric or behavioural issues
- Non-compensatable medical co-morbidities which preclude the individual from working
- Communication barriers/concerns that may prevent the understanding of instructions and interpretation of reactions during an FCE
- Recently undertaken FCE

**Please contact us for more information on this and other services available.**