Service Description: Upper Extremity Functional Capacity Evaluation

Functional Capacity Evaluation:

A Functional Capacity Evaluation (FCE) is an objective assessment of an individual’s ability to perform work and their physical tolerances for a variety of work and daily activities.

The Upper Extremity FCE includes:

- Four-hours of clinical assessment
- Musculoskeletal assessment with a Physiotherapist
- Functional capacity testing with an Occupational Therapist
- Testing specific to the upper extremity including: range of motion, strength, sensation, hand and arm coordination, lifting, carrying, pushing, pulling, reaching, and work specific testing (such a tool use, keyboarding)
- Objective and standardized test procedures to ensure reliability and safety
- Measures of test validity and a systemized approach to determine of whether maximal and consistent effort was obtained
- A comprehensive report outlining abilities and limitations, overall work capacity, specific work tolerances, answers to the referral question(s), and recommendations

Upper Extremity FCE Fee: $1200

When to consider the Upper Extremity FCE:

- There is an injury or condition affecting specifically the upper extremity
- Whole body capacity testing is not required
- You would like a detailed assessment of upper extremity function related to work readiness
- You would like to determine an individual’s ability to perform specific demands of a job, or of an occupational classification
- You require information to help move forward with return to work or rehabilitation planning
FCE's at Work-Able Solutions:

- We utilize a multidisciplinary approach (occupational therapy and physiotherapy), which increases the range of specialized assessment skills applied during the FCE
- Our therapists have over 15 years of experience, have specialized training in functional capacity evaluation procedures, and are able to effectively manage complex rehabilitation cases
- Our report is organized in an easy to read format with critical information presented clearly and concisely
- FCE’s are conducted at Riverbend Physiotherapy and Sports Injury Centre

Please Note: contraindications for an FCE include one or more of the following:

- Unstable medical condition or recent surgery
- Substantial psychiatric or behavioural issues
- Non-compensatable medical co-morbidities which preclude the individual from working
- Communication barriers/concerns that may prevent the understanding of instructions and interpretation of reactions during an FCE
- Recently undertaken FCE

Please contact us for more information on this and other services: www.workablesolutions.ca