



Service Description: Acquired Brain Injury (ABI) Rehabilitation

Work-Able Solutions provides rehabilitation services to individuals who have an acquired brain injury resulting from trauma or illness (such as stroke). Our approach combines evidence-based methods of rehabilitation, with an understanding of the exact nature of brain injury, and a philosophy of community-based rehabilitation. Our therapists are trained to recognize and address the complex combination of physical, cognitive, emotional, and behavioural changes that can occur following ABI. The focus is on rehabilitation carried out in real-life settings to maximize recovery and independence. Our rehabilitation services are tailored to meet the individual needs of each client.

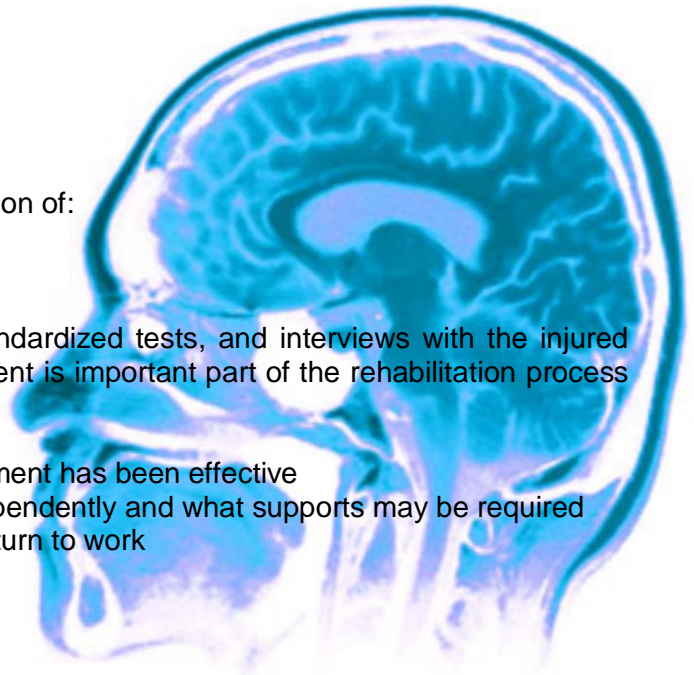
Rehabilitation Assessment

Occupational therapy assessment includes evaluation of:

- Cognitive function
- Physical function
- Ability to perform daily activities

The therapist will use specialized techniques, standardized tests, and interviews with the injured person and his/her family or caregivers. Assessment is an important part of the rehabilitation process as it allows the occupational therapist to:

- Develop rehabilitation goals
- Track progress and establish whether treatment has been effective
- Determine an individual's ability to live independently and what supports may be required
- Determine when an individual is ready to return to work



Rehabilitation Treatment

The main goal of rehabilitation following brain injury is to restore function and independence in daily living, and to help the individual regain the skills most of us take for granted. We consider all aspects of daily living such as: self care (e.g.: bathing, dressing, grooming), home management (e.g.: cooking, cleaning, yard work, financial management), work or school activities, and recreation activities.

The occupational therapists at Work-Able Solutions work to:

- Establish daily routines and promote skills in real-life situations in order to facilitate independence in the home and community
- Improve cognitive function using specific, targeted treatment activities and exercises
- Improve physical function through exercises aimed at normalization of muscle tone, range of motion, sensation, and strength
- Develop strategies for managing changes in behaviour
- Provide support for emotional changes
- Provide education to the injured individual and family/caregivers
- Use technology, special equipment, or devices to accommodate for deficits

Return to Work

Return to work following brain injury can be more successful with help from an occupational therapist from Work-Able Solutions who can:

- Assist to develop employment skills
- Determine when return to work is appropriate
- Conduct an evaluation of the work environment and job duties
- Coordinate and monitor work experiences, volunteer work placements, and return to work programs
- Provide education to employers, supervisors and coworkers
- Develop strategies or use specialized equipment to overcome functional limitations at work

Teamwork

We believe that successful rehabilitation following acquired brain injury requires a team approach. Our therapists will arrange for specialist services and work in collaboration with other professionals with expertise in the field of ABI rehabilitation including:

- Neuropsychology
- Rehabilitation Psychology
- Speech Language Pathology
- Physiotherapy
- Nursing
- Social Work
- Vocational Rehabilitation Consultants
- Rehabilitation Medicine

In addition, we will link our clients with other community services and programs such as:

- Transitional Living Centres
- Manitoba Brain Injury Association
- Driver Assessment Program

Please contact us for more information on this and other services available.

Company Profile

Founded in 1998, Work-Able Solutions provides privately funded, community-based occupational therapy services in Manitoba. We are dedicated to providing quality services by:

- Utilizing evidence-based assessment and rehabilitation techniques
- Providing cost-effective and focused interventions
- Preparing clear, concise reports with practical and feasible recommendations
- Offering a team of very experienced and qualified occupational therapists
- Developing customized programs and services to meet the needs of our individual and corporate clients

Work-Able Solutions uses a client centred approach, recognizing that every person is unique, and strives to find the best solution for each situation. Each of the occupational therapists at Work-Able Solutions have over 15 years of experience, share a dedication to ongoing education and training, and are able to effectively manage complex rehabilitation issues.

Occupational therapy services at Work-Able Solutions are \$95 per hour; please call for more information regarding fees and estimates.