

Service Description: Return to Work (RTW) Readiness Assessment

Goals of the RTW Readiness Assessment:

- Establish baseline physical and functional work abilities/limitations
- Determine an individual's readiness to participate in a return to work program
- Identify the need for additional rehabilitation
- Facilitate planning and implementation of a safe and successful return to work program

The RTW Readiness Assessment Includes:

- Three-hours of clinical assessment
- Assessment conducted at **Riverbend Physiotherapy and Sports Injury Centre**
- Musculoskeletal evaluation with a Physiotherapist
- Work capacity testing with an Occupational Therapist
- Objective test methods and measures
- A report outlining return to work status, proposed return to work schedules, and recommendations regarding work site and work practice modifications

To Make a Referral:

- Contact Work-Able Solutions by phone, fax, or email, or download our referral form available at www.workablesolutions.ca
- The following information is required for the assessment:
 - ✓ Referral form or letter with client contact information
 - ✓ Medical reports detailing diagnosis and medical/rehabilitation treatment history
 - ✓ A job description and physical demands analysis
 - ✓ A medical release to participate in testing may be required in certain circumstances

RTW Readiness Assessment Fee: \$750

Other Related Services:

- Return to Work Program
- RTW Reassessment



Please contact us for more information on this and other services available.